



# In-room Day Spa Service

Relax and be pampered by our highly experienced therapists who come to you in the convenience of your room.

Our mobile spa services will leave you feeling refreshed and rejuvenated ready to enjoy your stay be it for work or pleasure. We specialise in providing luxurious treatments for holiday guests, conference guests, hen's parties, girls weekends, bridal parties, romantic weekends away, and couples celebrating their anniversary.

We are proud to promote and use Wild nature products which are produced right here in Byron Bay. When booking your massage let us know if you would like a free sample pack to test out a few of these awesome products, or speak to our therapist to for information.

## PAMPER PACK 1

### Return to yourself

Enjoy our 1 hour massage which focuses on your back, neck and shoulders using a combination of relaxation, deep tissue and remedial massage techniques, followed by a nurturing facial massage.

🕒 **60 minutes: \$145**

## PAMPER PACK 2

### Nurturing You

Let our therapists give you a warm foot bath followed by a foot scrub and full body massage. Enjoy your full body Relaxation Massage along with a facial massage and a head massage to help you unwind and let go. You will feel relaxed and deeply nurtured, a great way to take care of you.

🕒 **120 minutes: \$220**

For bookings call 0411 720 799 or book online [byronbaymobilemassage.com.au](http://byronbaymobilemassage.com.au)

We offer discount for group booking and corporate events. Gift vouchers are also available. Prices correct as of August 2021.



Our highly skilled therapists offer a range of massage treatments for you. They arrive at your room fully equipped with table, towels, aromatherapy oils and blissful massage music. All you do is relax and enjoy your luxury day spa experience.

Let our therapists support you to choose the best massage treatment for you, depending on what your body needs. Let us tailor your session to you specifically, our most popular option is the 90 minute Remedial Massage as this allows enough time for the therapist to work on the tension areas with deep tissue techniques and at the same time provide a full body relaxation experience.

## MASSAGE THERAPY MENU

### Relaxation Massage

Let go of your daily stresses and relax. Includes a mini head massage and a facial massage which aids in releasing old tension and stress that we hold in our face and head.

🕒 60 minute: \$110    🕒 90 minute: \$150

### Head, Neck and Shoulders Massage

Relax and release all the stress and tension held in your head, neck and shoulders with a heavenly head massage. Lie down on the table or sit in a chair if it suits you better.

🕒 60 minute: \$110

### Remedial Massage

If you are experiencing aches, pains, or old sporting injuries a gentle Remedial massage can be beneficial for you. Our therapists are fully trained and may be able to offer you a health rebate. Ask when booking.

🕒 60 minute: \$140    🕒 90 minute: \$180

### Deep Tissue Massage

If you have chronic aches and pains and muscles that have been contracted and held tight for a long time, you may benefit from a Deep tissue massage. Our therapists use relaxation strokes to warm up the muscles combined with firm pressure on your trigger points to reach the deep layers of muscle and fascia.

🕒 60 minute: \$140    🕒 90 minute: \$180

### Hot Stone Full Body Massage

Therapists heat the smooth volcanic stones to a safe temperature, massage your body with them and place some on specific areas of your body to warm and relax your muscles. Combining the hot stones with a full body massage provides a very healing and soothing experience.

🕒 90 minute: \$185

### Reflexology - Foot Massage

Sit back in your comfortable chair or lie back on the massage table and enjoy a combination of reflexology and foot massage which also includes massage of your ankles and lower legs.

🕒 60 minute: \$120

### Couples Massage

Would you both like to receive a massage at the same time? Treat yourselves, or surprise your partner by choosing one of our many massage services. Make sure you book ahead so you aren't disappointed.

### Pregnancy Massage

A massage is the perfect way to reduce stress and promote a sense of general wellbeing, it is important to stop and take some "me" time during this time so treat yourself to one of our massage offerings or one of our pamper packs.

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